

West Midlands Regional Medicines Information Service

Edited by Jim Glare Primary Care Medicines Information Pharmacist Tel 0121 378 6017 (direct line)

Antihistamines and drugs used in nasal allergy

Antihistamines: Sedating and Non sedating

B.N.F. Section 3.4.1

Brand Name	Generic Name	Defined Daily Dose	Cost (£) 28 days
Piriton	chlorpheniramine 4mg tablet	12mg	0.78
Phenergan	promethazine hydrochloride 25mg tablet	25mg	1.17
chlorpheniramine	chlorpheniramine 4mg tablet	12mg	1.32
Semprex	acrivastine 8mg capsule	24mg	4.81
Mizollen	mizolastine 10mg m/r tablet	10mg	5.79
Telfast 120	fexofenadine 120mg tablet	120mg	6.91
Xyzal	levocetirizine 5mg tablet	5mg	6.95
Neoclarityn	desloratadine 5mg	5mg	7.07
Mistamine	mizolastine 10mg m/r tablet	10mg	7.98
cetirizine+	cetirizine 10mg tablet	10mg	8.14
Zirtek	cetirizine 10mg tablet	10mg	8.15

m/r = modified release

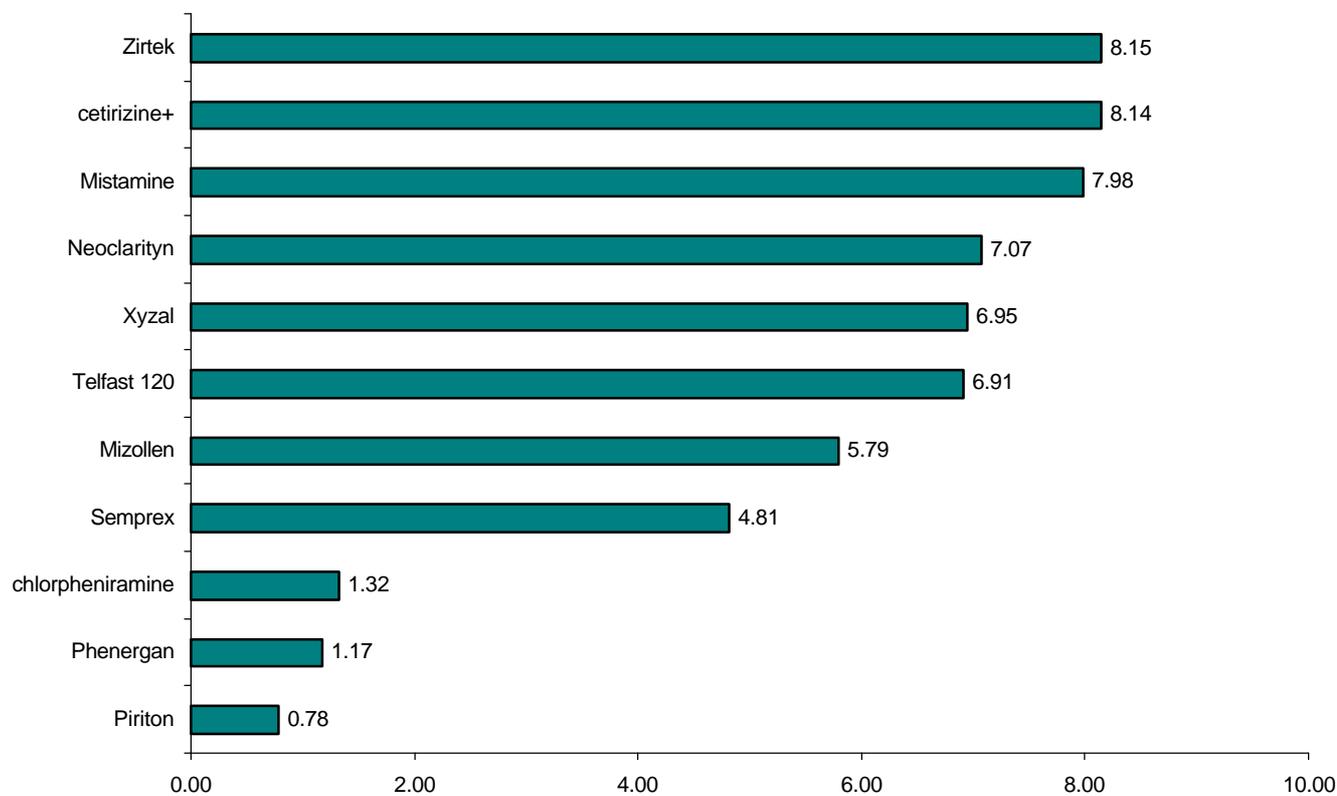
Sedating drugs are shaded

+ Not yet listed in Drug Tariff or BNF

This chart only includes those preparations which are commonly prescribed in the West Midlands for Nasal Allergy

Prices are as in Drug Tariff where appropriate or have been calculated on the basis of the most cost effective pack size.

The doses quoted are based on the WHO defined daily dose system unless otherwise stated; they are for cost comparison purposes only and may not represent the full range of doses for which a given preparation is licensed or those used in clinical practice.



Cost for 28 days therapy (£) March 2002

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Nasal Corticosteroids

B.N.F. Section 12.2.1

Brand Name	Generic Name	Defined Daily Dose	Cost (£) 28 days
beclometasone aqueous nasal spray	beclometasone 50mcg/spray	8 sprays	3.85
Nasobec aqueous nasal spray	beclometasone 50mcg/spray	8 sprays	4.04
Beconase aqueous nasal spray	beclometasone 50mcg/spray	8 sprays	4.49
Syntaris aqueous nasal spray	flunisolide 25mcg/spray	8 sprays*	4.90
Rhinocort Aqua nasal spray	budesonide 100mcg/spray	4 sprays*	6.55
Flixonase aqueous nasal spray	fluticasone 50mcg/spray	4 sprays	8.53
Nasonex aqueous nasal spray	mometasone 50mcg/spray	4 sprays	8.74
Nasacort aqueous nasal spray	triamcinolone 55mcg/spray	4 sprays	8.96

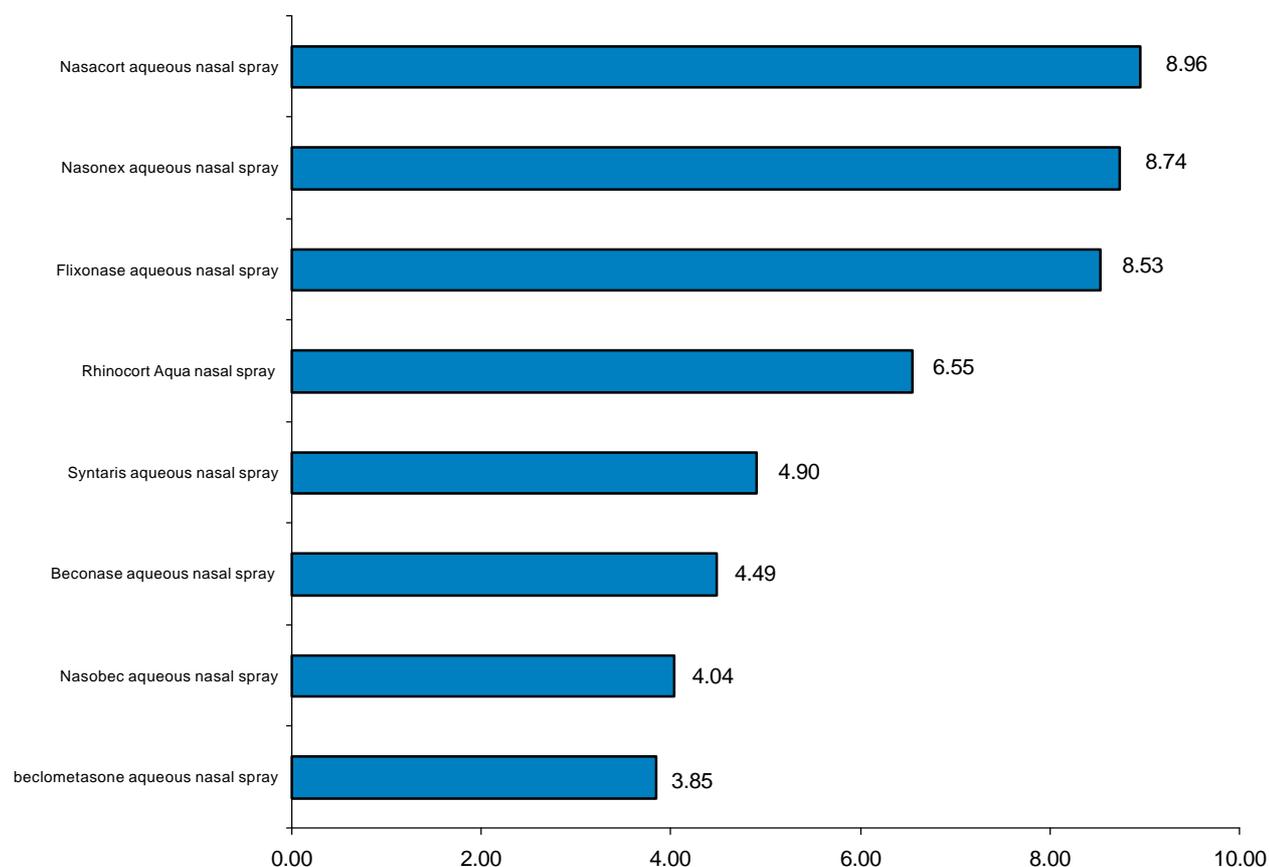
** Manufacturer's recommended doses*

NB The daily dose is divided between 2 nostrils

Note: Dexamethasone Nasal Spray Duo is not included because maximum treatment course is 14 days

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Nasal anti-inflammatories, antihistamine and antimuscarinic

B.N.F. Section 12.2.1; 12.2.2

Brand Name	Generic Name	Defined Daily Dose	Cost (£) 28 days
Rinatec nasal spray	ipratropium bromide 21mcg/spray	12 sprays*	8.49
Rhinolast aqueous nasal spray	azelastine 140mcg/spray	4 sprays	9.82
Rynacrom 4% aqueous nasal spray	sodium cromoglicate 5.2mg/spray❖	8 sprays*	25.32
Vividrin 2% nasal spray	sodium cromoglicate 2.6mg/spray†	12 sprays*	26.08
Livostin 0.05% aqueous nasal spray	levocabastine 41.5mcg/spray‡	12 sprays*	27.27

* Manufacturer's recommended doses

NB The daily dose is divided between 2 nostrils

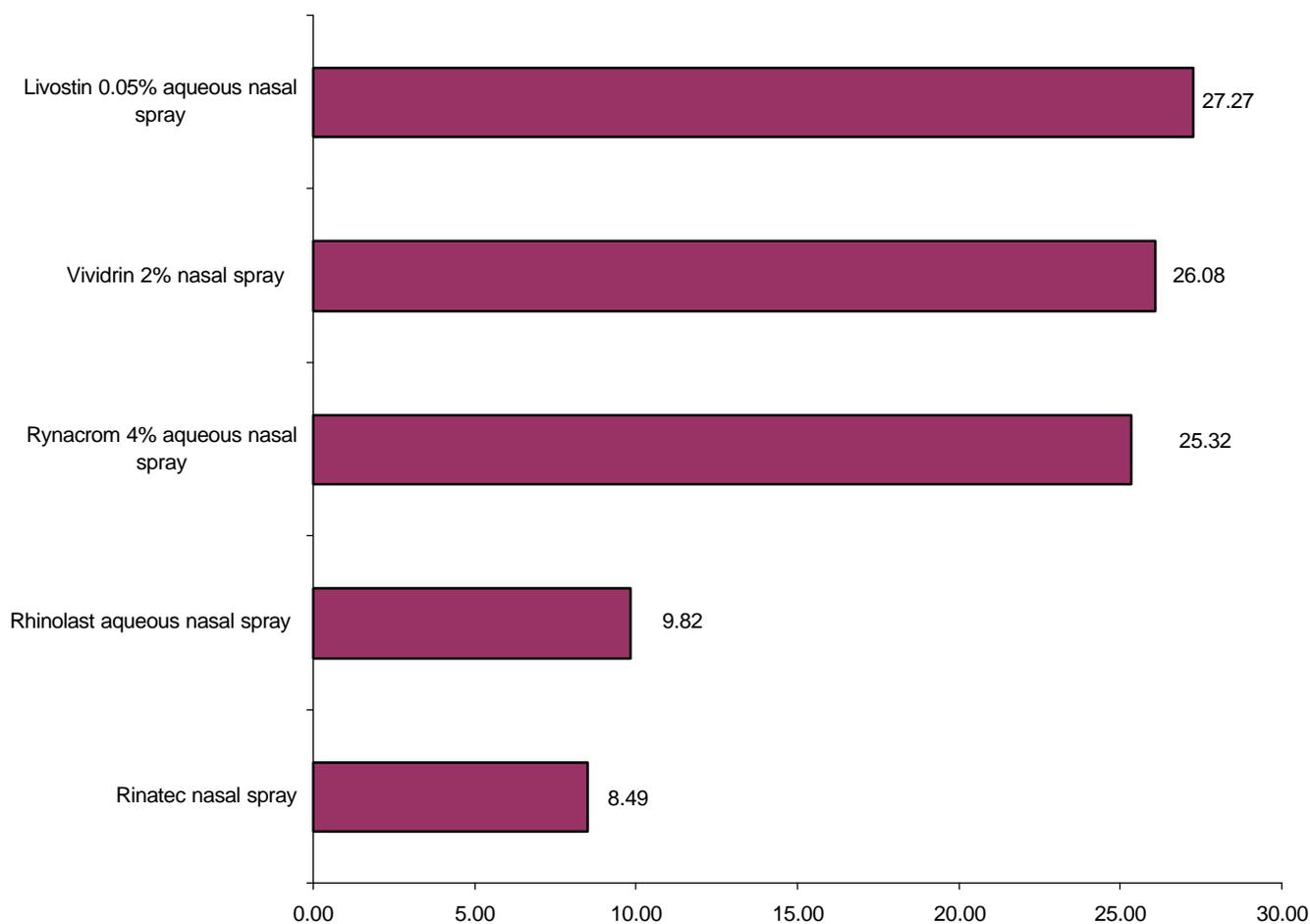
❖ Cost calculated using average spray size of 0.13 ml

† Cost calculated using average 105 doses per 15ml container

‡ Cost calculated using spray size 0.083ml and 120 doses per 10ml container

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